



Aloha Keaukaha Elementary Ohana,

It's time for the **American Heart Association's Kids Heart Challenge**! By participating in **Kids Heart Challenge**, your child will raise funds to help kids with special hearts and make all communities healthier. They'll also learn about taking care of their hearts and participate in cardio-pumping challenges. Plus, your school can earn PE equipment and your child can earn fun thank-you gifts!

The **Kids Heart Challenge** with kick-off on January 13th! Students will participate in the **KHC Mission for 20 days**! Each day will include fun missions to promote heart health. The class with the highest participation taking the online health challenge will earn a **POPSICLE PARTY!!** Don't forget to complete Finn's Mission and join Kai's Club when you raise \$40!!!

Donations are due on February 12th!!

STEPS TO GET STARTED:

- 1 Download our app or visit heart.org/KHC to register.
- 2 Ask your child to select a personal health challenge: move more, be kind or choose water.
- 3 Set a fundraising goal with your child and send emails to invite friends and family to support it.



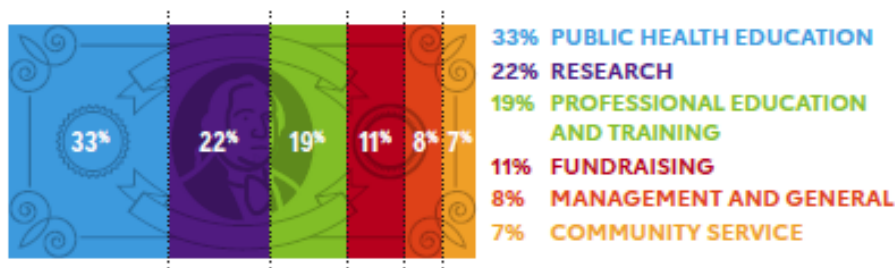
Donations collected will help kids like Finn.

HEART HERO



Finn, age 6, Virginia

Finn was born with multiple heart defects and spent the first eight months of his life in the hospital. Finn has had 14 heart surgeries and last year underwent a customized procedure to correct his special heart anatomy and give him the gift of life. Today, an energetic Finn loves to have fun.



Your student can also earn the following thank-you gifts.



REGISTER ONLINE wristband

RAISE \$5 DASH



\$10 SAM
plus lower-level gifts



\$15 SPAGHETTI YO-YO
plus lower-level gifts



\$25 IKER
plus lower-level gifts



\$40 KAI
plus lower-level gifts



\$50 T-SHIRT
plus lower-level gifts

\$75 PLAYGROUND BALL
plus lower-level gifts



\$100 JOURNEY
plus lower-level gifts



\$200 TAYE & SCOUT
plus lower-level gifts



\$250 SOCKS
plus lower-level gifts



\$500 BALL LAUNCHER
plus lower-level gifts



\$1,000 SPEAKER
plus lower-level gifts

Complete Finn's Missions online to earn his exclusive yellow wristband!



HANG ONTO THIS DECODER. You'll need it to decode mystery messages on your wristbands.

