

KEAUKAHA ELEMENTARY SCHOOL

HOME OF THE WA'A

'Ohana and Community Bulletin



January 2019

"What the new year brings to you will depend a great deal on what you bring to the new year."
~ Vern McLellan



Aloha e Keaukaha 'Ohana!!

Hau'oli Makahiki Hou! It is 2019! I just can't believe it, but I am definitely excited to start a new year together. I hope all of you had a safe and memorable holiday season with family and friends and you are just as ready for the new year ahead because before we know it, we'll be entering the year 2020.....

Please mark your calendars with the following dates. There will be **no school** for students on **Friday, January 18, 2019**. It is a Professional Development Day for our teachers and educational assistants who will continue to build their understanding of Instructional Practices. I know it will be an exciting day of learning for us all! In addition, there will be **no school on Monday, the 21st**, due to the Martin Luther King, Jr. holiday. Students will return to school on Tuesday, the 22nd.

MALAMA will be the next Hawaiian core value we will focus on during the months of January, February, and March. It is important for students to understand what it means to take care of something or someone, to serve others, and to honor and/or protect something. As they get older, they will learn to serve more than just themselves and show the true meaning of ALOHA! I'd like to take this time to also **CELEBRATE** and **RECOGNIZE** Kumu Harman's 6th grade class for coordinating a **BEACH CLEAN UP** day over the Winter Break! Her students, Kaiakea Paaaina, Kaimana Victor, Haylee Oshiro, Kalei Koanui-Kalima, Ahriel Respicio and Jayman Naehu, took the initiative to organize an event where they could **MALAMA** their community on January 5. They were joined by some of their parents and staff members who picked up trash from Onekahakaha Beach all the way to Puhi Bay. It was a great day of helping to keep our community clean! Mahalo to everyone who supported these future leaders!! We are so proud of them!!! Hulo! Hulo!

During the week of February 4 - 7, Keaukaha Elementary will go through a WASC Accreditation review. Over the 3½ days, a committee of four individuals will be on our campus to talk to students, staff and parents about our school. It will be a great opportunity for us to get some feedback on the areas we are doing well in and the areas we will still need to work on. I am really looking forward to their visit!

Keaukaha Elementary and Hui 'Ohana o Keaukaha will host our **2nd Annual Health and Wellness Day** on **Saturday, February 9, 2019 from 9 am - 1 pm** here on our campus. Like last year, we will have informational booths, food, drinks, fitness activities, entertainment, children activities and so much more. In addition, some grade levels will be there, selling items as part of their grade level fundraising efforts. Please stop by and support our school and our parent organization. Mahalo!

We say **HAU'OLI LA HĀNAU** to our **JANUARY BIRTHDAYS**: Adult Supervisor Lena Rowe, 6th Grade Kumu Amanda Ayoso, Tutor/Title I Clerk Natalie Pua, Tutor Sandy Reis, Tutor Jandi Kamanu, School Baker Justina Frias, Cafeteria Helper Lokelani Waipa, Multi-Media Facilitator Janel Masuhara, and to our many students who celebrate their birthday in the month of January. Happy Birthday to you!

In closing, wishing all of you a peaceful and fulfilling 2019! May you find happiness in all that you do!

Be Strong, Be Proud, Be Pono!

A Hui Hou!

Kumu Stacey Bello



COUNSELOR CORNER Kumu Spear



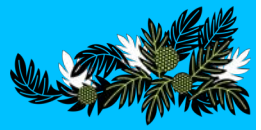
Communication Is The Key To A Strong Parent-Teacher Team

Research shows that parent involvement in education has a positive effect on student success at school. When teachers and parents work together, the results can be powerful. To foster effective two-way communication:

- **Set the tone.** It's natural to have questions when the school year begins. Ask questions respectfully. Show support for your child and the class, and encourage the teacher to keep you informed.
- **Be positive.** When you talk with the teacher, enjoy hearing about your child's strengths. But also prepare to hear about her weaknesses. Remember to remain calm. You and the teacher want your child to do well. Addressing struggles is the only way to find solutions.
- **Role-play.** Some parents are nervous about talking with the teacher. If this describes you, consider practicing with a friend.
- **Choose words carefully.** It's more effective to make polite requests instead of demands. A helpful tip is to use the word we instead of you. ("How can we stay in touch to help Jordan?" is less aggressive than "You should tell me if Jordan is falling behind.") Remember: The teacher isn't your opponent; she's your teammate.



Piko Ceremony January 8, 2019



Welcome back students! On January 8th, 6th graders, Haylee and Hayzen Oshiro began the start of 2019 with the ceremonial cutting of the piko.



Plogging Event January 5, 2019

On Saturday, January 5th, Kumu Harman's students, 'ohana, Kumu Bello and fellow Kumus participated in a plogging event. Plogging is a combination of the Swedish term plocka upp (which means pick up) and jogging. During this event these volunteers picked up trash and plastic waste while jogging! Mahalo for the mālama of our 'āina!

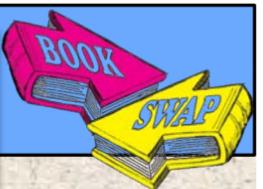





BOOK SWAP!

December 13-14, 2018

FREE
BOOK SWAP
LEAVE A BOOK  TAKE A BOOK



Mahalo to all those who donated and participated in December's Book Swap. The large turnout in November prompted us to make a few changes in December. This past month we had two days, lower grades on the 13th and upper grades on the 14th. We had a wide selection of books to choose from and our students were very anxious to get "swapping". Mahalo to Hilo High School and Kumu Mizuno for the books that were donated to help with our last Book Swap. Mark your calendars, our next Book Swap will be on Thursday, January 24th for Preschool-2nd and Friday, January 25th for 3rd-6th grades. All students who bring a book to swap will be able to leave 5 minutes before recess to choose their books. Let's keep reading!!





Hui 'ohana o Keaukaha

On Saturday, February 9th, 2019, we will be having our 2nd Annual Health & Wellness Day! Please mark your calendars for a day of activities, entertainment, informational booths, food and drinks! Join Us!





Evening of Song

December 19, 2019



On December 19, 2019, Keaukaha Elementary celebrated our annual Evening of Song Celebration with the theme "A Hawaiian Christmas in Keaukaha." Over a thousand `Ohana, community members, faculty and staff were in attendance to watch our keiki shine! Mahalo to all of those who worked tirelessly to showcase our students!

Keaukaha Elementary Evening of Song



A Hawaiian Christmas In Keaukaha



December 19, 2018
Kawananakoa Gym
6:00p.m.





Evening of Song

December 19, 2019



2nd Keaukaha Elementary

Student Showcase

December 7, 2018

Keaukaha's got talent!! On Friday, December 7th we were amazed by the stupendous projects that were displayed at this year's Schoolwide Student Showcase. Sixth grader, Reef Vasquez stated, "This year's projects are even better than last years!" Students, teachers, and families that attended were very impressed with the wide variety of projects and the effort put forth by all to produce their best quality products. Each child left with a list of books that they were inspired to read based on the student projects that were displayed. As we continue to learn from one another and read more books, we look forward to seeing what next year's projects will have in store. Mahalo students, parents, and extended 'ohana for your participation in this years Student Showcase. Without you, none of this would be possible. Till next year. . . Keep on reading and let those creative juices flow!!





Academic Coach - Grade 3 & 4

Kumu Miyataki

Math Corner



Aloha Mai Kakou,

Happy New Year Everyone! ☺ I hope you all had a restful winter break and are ready to start learning again! ☺ We only have a few more months before we start State Testing so I wanted to share with you our schoolwide problem solving strategy called CUBES. ☺ You can use this strategy to help your child solve math problems.

- C = Circle Key words/phrases
- U = Underline the question
- B = Box math action words (Words that help to figure out what equation to use)
- E = Evaluate and/or Eliminate (plan out steps to solve and/or eliminate extra info)
- S = Solve the problem and check

Here is an example below:

Marla has 2 quarters, 3 dimes, and 2 nickels in her wallet. She found 15 cents walking home. Then she gave 25 cents. To her sister ~~who now has 35 cents.~~

How much money does Marla have left?

Show Your Work:

2 quarters = \$.50
3 dimes = \$.30
2 nickels = \$.10
= \$.90

$$.90 - $.25 = $.65$

$$.65 + $.15 = $.80$

So, Marla has \$.80 left.



Math Olympiad

It's math time! Complete the math problem for your grade level and return your answer to me, Kumu Miyataki, in A-Basement on or before the deadline of January 11th, Friday. You can cut the box out or come to A-Basement to fill out an answer sheet. Correct answers can win you a prize from the Math Olympiad Treasure Chest. ☺ Winners will also be announced in Ka Leo Pono or with the morning announcements.

Have fun practicing and playing together! Do not forget, if you ever need help with math homework or help to understand the math programs, please feel free to contact your child's teachers or any of the coaches, Kumu Loke for grades PreK to grade 2, Kumu Fa'anunu for grades 5-6, and myself, Kumu Miyataki for grades 3-4. You can also call the school at 974-4181. I look forward to meeting you... ☺

A Hui Hou,
Kumu Tina Miyataki ☺ tina_miyataki@notes.k12.hi.us

Name _____ Grade _____

PreK-1

Draw dots to make 10.



+



_____ + _____ = 10

Grades 2-3

Mark's book has 20 pages. Lee Ann's book has 14 pages. They both read one-half of their books. Who has read more pages?

_____ read more pages

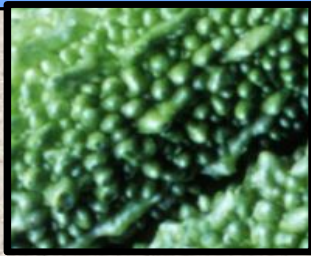
Grades 4-6

At the coffee shop, Kumu Fujii bought a coffee for \$4.15, a slice of cake for \$4.60, and a bottle of water for \$2.05. How much more than \$10 did she spend?

Kumu Fujii spent _____ more.

Fresh Fruit & Vegetable Program

Guess the Fruit or Vegetable!



A



B



C



D



E

What fruit or vegetable is this? Just for fun, ask your parents to see if they know.

A: _____
 B: _____
 C: _____
 D: _____
 E: _____

Answers on back page.



'UALA PURPLE PANCAKE RECIPE

Our Garden to Table Cookin' By Uncle Malani

Ingredient:
 2 cups bisquick
 1 cup milk or 1 cup nut milk (vegan)
 2 eggs/1 cup chia seeds (vegan)
 2 tsp Baking powder
 2 Tbsp peanut oil/coconut oil
 1 tsp organic vanilla extract
 Organic raw cane sugar to taste
 'Uala (sweet potato) raw and organic

Add all ingredients in order in a big bowl stirring and mixing after each ingredient is added. Stop after adding and mixing sugar to prepare 'uala. With a potato peeler, skin fresh raw organic 'uala. Grate 'uala and add 4 cups of fresh grated 'uala to bowl and mix until ingredients are a balanced texture. Pancakes are ready to be cooked on a skillet. Add ½ cup of mix onto skillet and flatten softly. When bubbles become consistent on edges pancakes are ready to be flipped over and cooked on the other side. Plate and serve with any topping you desire. Coconut flakes, coconut milk, honey and or pure maple syrup is my favorite but the raw cane sugar makes it great for eating fresh off the skillet with no added toppings. Have a great day!!





Vaccine Information for your keiki



Be
Wise
and
Immunize
Your Child



DAVID Y. IGE
GOVERNOR OF HAWAII



STATE OF HAWAII
DEPARTMENT OF HEALTH
P. O. BOX 3378
HONOLULU, HI 96801-3378

BRUCE S. ANDERSON, Ph.D.
DIRECTOR OF HEALTH

In reply, please refer to:
File

December 2018

Dear Parents/Guardians:

Immunizations are an important part of protecting the health of your preteen or teen. Vaccinations during the preteen/teen years are important because over time, the protection provided by childhood vaccines can decrease. Preteens and teens are also at risk for different diseases as they get older.

Four (4) vaccines are routinely recommended for preteens and teens. These vaccines protect against serious, sometimes life-threatening diseases.


- Pertussis (whooping cough; http://health.hawaii.gov/docd/disease_listing/pertussis/)
- Meningococcal infection (http://health.hawaii.gov/docd/disease_listing/meningococcal/)
- Human papillomavirus (HPV; http://health.hawaii.gov/docd/disease_listing/human-papillomavirus-hpv/)
- Influenza (flu; http://health.hawaii.gov/docd/disease_listing/influenza-flu/)

Information about these vaccines and the diseases they prevent is also attached. While no vaccine is 100% effective at preventing disease, the best way to protect your preteen or teen from these diseases is through vaccination.

Like any medication, vaccines can sometimes cause side effects. The side effects from vaccines are almost always minor (such as redness and swelling where the shot was given) and go away within a few days. Serious side effects after vaccination, such as severe allergic reactions, are very rare. Before getting vaccinated, we encourage you to tell your healthcare provider if your child has any severe allergies and discuss any questions you might have.

Vaccinating your preteen or teen will protect them from serious diseases and help prevent the spread of these diseases in our schools and communities. Please join our commitment to healthy children and healthy communities.

Sincerely,


Sarah Y. Park, M.D., F.A.A.P.
State Epidemiologist

For Students 11 years or older:

- ✓ Pertussis (Whooping Cough)
- ✓ Meningococcal Infection
- ✓ Human Papillomavirus (HPV)

For all students:

- ✓ Influenza (Flu)



Vaccines for Preteens and Teens: What Parents Need to Know

Vaccinating preteens and teens is important because the protection provided by childhood vaccines can decrease over time. They are also at risk for different diseases as they get older. Vaccines are recommended beginning at age 11 or 12 years. Older teens who were not vaccinated earlier should be immunized as soon as possible. Ask a healthcare provider if your preteen or teen is up-to-date.

Disease	Vaccine	When and How Many
Pertussis (Whooping Cough) is highly contagious and causes severe coughing fits that can last for weeks.	Tetanus, diphtheria, and pertussis (Tdap) vaccine	One dose at age 11 or 12 years
Meningococcal infection can be very serious, even deadly. About 1 in 10 people with meningococcal disease will die from it.	Quadrivalent meningococcal vaccine (MCV4) Serogroup B meningococcal vaccine (MenB)	Two doses: one at age 11 or 12 years and a booster dose at age 16 years Two or three doses at age 16 - 18 years
Human Papillomavirus (HPV) is a common virus that can cause 6 different cancers and genital warts.	Human papillomavirus (HPV) vaccine	Two or three doses, depending on age, starting at age 11 or 12 years
Influenza or "flu" can cause mild to severe illness, and in some cases, can cause death.	Flu vaccine	One dose every year

Recommended by the Centers for Disease Control and Prevention, the American Academy of Pediatrics, and the American Academy of Family Physicians

For more information, visit health.hawaii.gov





MAHALO TO OUR LOCAL BUSINESSES!



As we ring in the new year we would just like to mahalo the local businesses in Hilo who have graciously donated goods, products, or services to help our school in 2018. Mahalo to the following businesses that donated to our Fruit and Vegetable Petting Zoo booth featured at the Health and Wellness Awareness Day:



Wailea Agricultural group Inc.
Safeway, Hamakua Heritage Farm Inc.
Hilo Products, Cost-U-Less, KTA
Food Basket Inc
Sack N Save
Hilo Farmers Market
Debbie Nakasato and family

Mahalo

Big Mahalo to the following businesses for their role in helping with our Schoolwide Reading Challenge Celebration at the end of last school year:

HPM
Target
Walmart
Home Depot



We are working toward being a Blue Zone Project approved Worksite and we would like to mahalo the following businesses for their donation:



Sig Zane Designs
Hilo Hawaiian Hotel
Seaside Restaurant
Miyo's
Don's Grill
Jamba Juice
Starbucks
Yogurtland
Ken's Pancake House
BJ Penn Fitness & Training Center
Sakura
Kozmic Cones
Isles cafe
Poke Market
Verna's
Wiki Fresh
Makani's Magic Pineapple Shack
Keaukaha General Store
Jackie Rey's Ohana Grill



As we create community partnerships, we are truly grateful for the kindness and generosity of all those listed above. The companies and local businesses in our small town of Hilo have helped us to be creative, to inspire readers, and encourage health and wellness here at Keaukaha Elementary School. Please support them as well. As we put money back into these companies we help their employees, and our community to thrive.



Pajama Day

December 21, 2018



Mahalo Uncle Malani for making kale smoothies for Kumu Lewis's 2nd Grade Class! It was awesome to have kale grown from our own garden!



Answers to Fruit and Vegetable Questions:

- A: Bitter Melon
- B: Cantaloupe
- C: Banana
- D: Watermelon
- E: Papaya



UPCOMING EVENTS and Announcements

- January 8, 2019 – Student Return Piko Ceremony
- January 11, 2019 – Hui Wala`au Principal Talk Story
- January 16, 2019 – Jump Rope For Heart Kick Off Rally
- January 18, 2019 – No School for students Professional Collaboration Day
- January 21, 2019 – No School Martin Luther King, Jr. Holiday
- January 24, 2019 – Book Swap (PreK-2)
- January 25, 2019 – Book Swap (Gr. 3-6)
- January 25, 2019 – 2nd Qtr. Awards Assembly
- January 28, 2019 – 2nd Qtr. Attendance Celebration

SCHOOLWIDE READING CHALLENGE
Congratulations! We read a total of 17,767 books during the first half of this school year.
YAY!

E hoe I ka wa'a! E ho'olōkahi e! -"Let's Paddle Our Canoe Together!"

Principal's Pledge to Students

All adults will work hard for you.
You will be safe in our school.
If you have something to say about our school, we will listen.

Student's Pledge to Keaukaha

Come to school on time everyday.
Follow all expectations.
Be ready to learn and work hard.
Be a "sponge"

YEARBOOK

Reserve your yearBook copy now!
cost is \$10! Payment can Be made at the school office.

KeaukahaElementarySchool WEBSITE!

<http://www.keaukahaelementary.com/>

Annual Notification of Privacy Rights

Know your privacy rights as they apply to 1) Student record information; 2) Directory information; 3) Surveys and other information collection; and 4) Military recruitment information.

For more information on your privacy rights, the laws that protect them, and how to exercise your rights, contact your school administrator or visit <http://bit.ly/FERPAHI>

Keaukaha School is a Title 1 school. We receive Federal funds to ensure that all children have a fair, equal and significant opportunity to obtain high-quality education and reach, at a minimum, proficiency on the challenging state academic standards.

Continuous Notice of Non-Discrimination

The Hawaii State Department of Education (HIDOE) and its schools do not discriminate on the basis of race, sex, age, color, national origin, religion, or disability in its programs and activities. Please direct inquiries regarding HIDOE nondiscrimination policies as follows.

ADA/Section 504 inquiries

Krysti Sukita, ADA/504 Specialist
Civil Rights Compliance Office
Hawaii State Department of Education
P.O. Box 2360
Honolulu, HI 96804
(808) 586-3322 or relay

Title VI, Title IX, and other inquiries

Anne Maarie Puglisi, Director
Civil Rights Compliance Office
Hawaii State Department of Education
P.O. Box 2360
Honolulu, HI 96804
(808) 586-3322 or relay
crco@notes.k12.hi.us

Reminder:

Breakfast is served daily from 7:15 – 7:55 a.m. in our cafeteria.